### 20+ Studies to Save The World & Your Family

By GK (Golden Knowledge)

www.TheDisclosureHub.com www.Vtvault.org/Danger

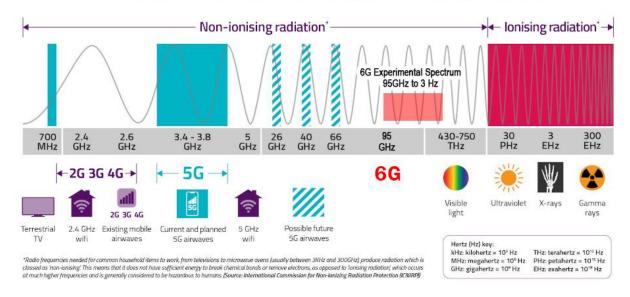


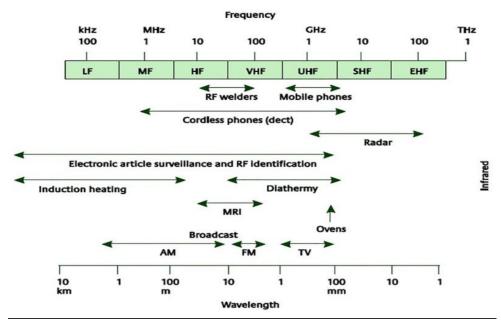
#### What is RF:

Study: Radiofrequency Radiation in the Environment: Sources, Exposure Standards, and Related Issues Source: https://www.sciencedirect.com/topics/biochemistry-genetics-and-molecular-biology/radiofrequency-radiation

"<u>RF</u> radiation is a form of electromagnetic energy with frequencies that range from a few kilohertz up into the gigahertz range. There are many sources of RF energy in the environment. The well-known RF heating effect has led to the development of microwave ovens in the home and the use of microwaves for other heating applications"

### **Electromagnetic Spectrum and 6G Spectrum**





### Frequency Range of Radio Waves

Band	Frequency of Radio Waves	Radio Waves Wavelength
ELF (Extremely Low Frequency)	<3kHz	>100 km
VLF (Very Low Frequency)	3 to 30 kHz	10 to 100 km
LF (Low Frequency)	30 to 300 kHz	1m to 10 km
MF (Medium Frequency)	300 kHz to 3 MHz	100 m to 1 km
HF (High Frequency)	3 to 30 MHz	10 to 100m
VHF (Very High Frequency)	30 to 300 MHz	1 to 10 m
UHF (Ultra High Frequency)	300 MHz to 3 GHz	10 cm to 1 m
SHF (Super High Frequency)	3 to 30 GHz	1 to 1 cm
EHF (Extremely High Frequency)	30 to 300 GHz	1mm to 1 cm

### Study: Genetic damage in subjects exposed to radiofrequency radiation

Source: https://www.sciencedirect.com/science/article/abs/pii/S1383574208001415

"The mobile phone handset transmits radio waves to the base station (cell tower), and these carry the voice of the phone user. Similarly, the base station transmits radio waves to the mobile phone and these carry the voice of the person the phone user is listening to. The base station passes the signals to and from the phone network."

"RF-exposed individuals have increased frequencies of genetic damage (e.g., chromosomal aberrations) in their lymphocytes or exfoliated buccal cells"

"DNA damage in somatic cells is often causally related to cancer. If it could be shown that low level exposure to RF-electromagnetic fields induces genetic damage, this would certainly be indicative of a potential serious health risk"

"Chemicals and radiation may also contribute to cancer by an 'epigenetic mechanism' rather than by mutation [1] as well as genetic predisposition [2] and sensitivities for life-stage during exposure [3]."

"Radiofrequency radiation effects on the frequencies of chromosomal aberrations and other (cyto)genetic damage"

### Study: Effect of Ultra High Frequency Mobile Phone Radiation on Human Health

Source: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4930268/

Mobile phone radiation (RF) causes mutation, sexual trauma and infertility (in men). The non ionizing radiation produced by the RF Range (700 MHz - 750 THz) penetrates the skull bone and causes thermal burning in the brain leading to mental conditions such as dementia "Hypotension, dizziness, insomnia, headaches, loss of memory, etc".

RF Radiation has been known to cause cancers such a leukemia and brain tumors

# <u>Study: Exposure to 1800 MHz radiofrequency radiation induces oxidative damage to mitochondrial DNA in primary cultured neurons</u>

Source: https://www.sciencedirect.com/science/article/abs/pii/S0006899309022999

RF Radiation Causes "oxidative stress" by removing oxygen in the body causing damage to your DNA which in turn causes damage to your nervous system causing "various nervous system diseases".

The damages done to the DNA and Cells is repaired at night when you sleep because of the melatonin we create in our body due to its antioxidant effects.

## <u>Study: Electromagnetic hypersensitivity (EHS, microwave syndrome) — Review of mechanisms</u> Source: https://www.sciencedirect.com/science/article/abs/pii/S0013935120303388

RF can cause "organic physiologic responses" causing "neurologic, neuro-hormonal and neuro-psychiatric symptoms" like making you hear voices, have anxiety, depression and more due to "neural" and blood brain barrier damage.

You can develop a sensitivity to RF/EMF that will increase the damages, feelings and symptoms Significantly.

This radiation creates Groups of Atoms (ROS Radicals) that consume the body's oxygen causing "oxidative stress" in which can kill you in the right circumstance, thats why we need antioxidants.

### How far can 60 GHz travel?

effects including depression

These 60Ghz links, are great for distances up to **1.5km** but will struggle at anything more than that. This 1.5Km limit is due to the absorption of the 60GHz signal by oxygen in the atmosphere (see the image above). May 10, 2018

https://ask4solutions.co.uk > unravellingtechnology

### V-Band 60Ghz WiFi & Where You Should (or Shouldn't) Use It

This radiation also effects your bodies Blood and Bone Marrow (The haematological system) effecting our ability to deliver oxygen and nutrients to all tissues, removes wastes, and transports gases, blood cells, immune cells, antibodies and hormones throughout the body resulting in "impaired detoxification" which results in impaired immune systems.

Study: Microwave frequency electromagnetic fields (EMFs) produce widespread neuropsychiatric

### Source: https://www.sciencedirect.com/science/article/pii/S0891061815000599

EMF effects the calcium channels in the brains nervous system. The brain tries to block the EMF in the calcium channels and when overloaded with non-ionizing radiation they become over active and "microwave syndrome" occurs causing "neuropsychiatric effects" due to the calcium channels producing excessive neurotransmitter/neuroendocrine hormone release as well as oxidative/nitrosative

stress and other responses. This also results in brain fog, loss of memory, lack of focus, and more.

This is basically saying that the Roads that your brains functions travel on is over crowded with to many speeding cars during an earthquake.

that short wave, radio station, occupational and digital TV antenna exposures may produce similar neuropsychiatric effects. Among the more commonly reported changes are sleep disturbance/insomnia, headache, depression/depressive symptoms, fatigue/tiredness, dysesthesia, concentration/attention dysfunction, memory changes, dizziness, irritability, loss of appetite/body weight, restlessness/anxiety, nausea, skin burning/tingling/dermographism and EEG changes

<u>Study: Increased blood—brain barrier permeability in mammalian brain 7 days after exposure to the</u> radiation from a GSM-900 mobile phone

Source: https://www.sciencedirect.com/science/article/abs/pii/S0928468009000133

<u>Study: Central Sensitization: A Generator of Pain Hypersensitivity by Central Neural Plasticity</u> Source: https://www.sciencedirect.com/science/article/abs/pii/S1526590009006099

The inflammation that RF/EMF cause increases the amount of pain you endure because you become "hypersensitive"

\_\_\_\_\_

# Study: Does prolonged radiofrequency radiation emitted from Wi-Fi devices induce DNA damage in various tissues of rats?

Source: https://www.sciencedirect.com/science/article/abs/pii/S0891061816000053

(wifi) "2.4 GHz frequency RF radiation will cause DNA damage of different tissues such as brain, kidney, liver, and skin tissue and testicular tissues of rats"

What frequency is WIFI?

Depending on the Android version check: Read the "Frequency" setting – shows as **2.4 or 5GHz**. Read the "Network speed" setting – if speed is over 400 Mbps then you are using 5GHz network.

https://getnexx.com > pages > how-to-tell-if-you-have-2-4...

How to tell if you have 2.4 GHz or 5 GHz WiFi network | Nexx

"the increase of the DNA damage in rat testes tissue was significant"

Why are testicles radiation magnets?

# Study: The effect of radiofrequency radiation on DNA and lipid damage in non-pregnant and pregnant rabbits and their newborns

Source: https://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.467.5496&rep=rep1&type=pdf

Study: Impact of radiofrequency radiation on DNA damage and antioxidants in peripheral blood lymphocytes of humans residing in the vicinity of mobile phone base stations (cell towers)

Source: https://www.tandfonline.com/doi/abs/10.1080/15368378.2017.1350584

"80 m of mobile base stations, showed significantly (p < 0.0001) higher frequency of micronuclei when compared to the control group, residing 300 m away from the mobile base station/s. The analysis of various antioxidants in the plasma of exposed individuals revealed a significant attrition in <u>glutathione</u> (GSH) concentration (p < 0.01), activities of catalase (CAT) (p < 0.001) and superoxide dismutase (SOD) (p < 0.001) and rise in lipid peroxidation (LOO) when compared to controls"

## Study: Limits of Human Exposure to Radiofrequency Electromagnetic Energy in the Frequency Range from 3 kHz to 300 GHz

Source: https://www.canada.ca/en/health-canada/services/publications/health-risks-safety/limits-human-exposure-radiofrequency-electromagnetic-energy-range-3-300.html

"radiofrequency (RF) fields in the frequency range from 3 kHz to 300 GHz"

"A number of biological effects and established adverse health effects from acute exposure to RF fields have been documented (4-9). These effects relate to localized heating or stimulation of excitable tissue"

"acute and chronic RF field exposures to elicit possible effects on a wide range of biological endpoints including: human cancers; rodent lifetime mortality; tumor initiation, promotion and co-promotion; mutagenicity and DNA damage; EEG activity; memory, behaviour and cognitive functions; gene and protein expression; cardiovascular function; immune response; reproductive outcomes; and perceived electromagnetic hypersensitivity among others"

"The rate and distribution of RF energy absorption depend strongly on the frequency, strength and orientation of the incident fields as well as the body size and its constitutive electrical properties (dielectric constant and conductivity)"

"For frequencies from 3 kHz to 10 MHz, NS (nerve stimulation) from induced electric fields within the

body must be avoided. Experimental studies have demonstrated that electric and magnetic field exposures can induce internal electric fields (voltage gradients) within biological tissue which, if sufficiently intense, can alter the "resting" membrane potential of excitable tissues resulting in spontaneous depolarization of the membrane.."

This is saying again that the calcium channels are being over stimulated by the EMF

"For frequencies from 100 kHz to 300 GHz, tissue heating can occur and must be limited."

Mostly Internal: "100 kHz to 6 GHz frequency range, in terms of maximum whole-body"

Mostly External: "frequencies above 6 GHz, RF energy absorption occurs predominantly in surface tissues (e.g. upper layers of skin)" "uppermost layers of superficial tissues (e.g. skin, cornea)"

"avoid adverse thermal effects in localized human tissues (hot-spots)"

SO clearly the higher the frequency of the signal the more intense the damage is, but at shorter ranges.

\* This study is censored by the government, they claim they left out certain studies they didn't find accurate…. Hmmm

# Study: Risks to Health and Well-Being From Radio-Frequency Radiation Emitted by Cell Phones and Other Wireless Devices

Source: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6701402/

"Radiation exposure has long been a concern for the public, policy makers, and health researchers. Beginning with radar during World War II, human exposure to radio-frequency radiation<sup>1</sup> (RFR) technologies has grown substantially over time"

(not supported in THIS study but) They introduced Radar in the 1940s and then the new influenza B was "discovered" and the epidemic happened in 1941. The US had such heavy troop loss from the flu, they backed the new vaccine (at the time).

A)https://www.cdc.gov/flu/pandemic-resources/pandemic-timeline-1930-and-beyond.htm#:~:text=1940%3A%20Influenza%20B%20viruses%20are%20discovered.%201942%3A%20A,cultured%20outside%20the%20body%20for%20the%20first%20time.
B)https://en.wikipedia.org/wiki/Radar\_in\_World\_War\_II

"In 2011, the International Agency for Research on Cancer (IARC) reviewed the published literature and categorized RFR as a "possible" (Group 2B) human carcinogen"

"Of particular concern are the effects of RFR exposure on the developing brain in children. Compared with an adult male, a cell phone held against the head of a child exposes deeper brain structures to greater radiation doses per unit volume, and the young, thin skull's bone marrow absorbs a roughly 10-fold higher local dose"

"men who keep cell phones in their trouser pockets have significantly lower sperm counts and significantly impaired sperm motility and morphology, including mitochondrial DNA damage."

"evidence that RFR can cause physiological and/or morphological effects on bees, plants and trees"

"signal increased risks of brain tumors" "increase with increasing latency (use over time), increasing cumulative duration of use, ipsilateral phone use, and earlier age at first exposure"

"The incidence of several brain tumors are increasing at statistically significant rates, according to the 2010 – 2017 Central Brain Tumor Registry of the U.S. (CBTRUS) dataset"

"The U.S. National Toxicology Program (NTP) (National Toxicology Program (26, 27) has reported significantly increased incidence of

glioma (A tumor that originates in the glial cells of the brain or spinal cord that causes headache, confusion, memory loss, speech problems or seizures.)

and malignant Schwannoma (nerve sheath tumors, or tumors that originate from the layer of insulation that surrounds nerve fibers)

(mostly on the nerves on the heart, but also additional organs) in large animal carcinogenicity studies with exposure to levels of RFR that did not significantly heat tissue. Multiple organs (e.g., brain, heart) also had evidence of DNA damage. Although these findings have been dismissed by the ICNIRP (28), one of the key originators of the NTP study has refuted the criticisms (29)."

"increase in the incidence of tumors of the brain and heart in RFR-exposed Sprague-Dawley rats, which are tumors of the same histological type as those observed in some epidemiological studies on cell phone users."

"symptoms attributed to exposure to RFR (e.g., headaches, fatigue, appetite loss, insomnia), a syndrome termed Microwave Sickness or Electro-Hyper-Sensitivity (EHS) ( $\frac{68}{2}$  –  $\frac{70}{2}$ )."

There's allot more to this study it goes deep into children and reproduction and quotes many studies around the world.



### **SUMMARY**

### R46564

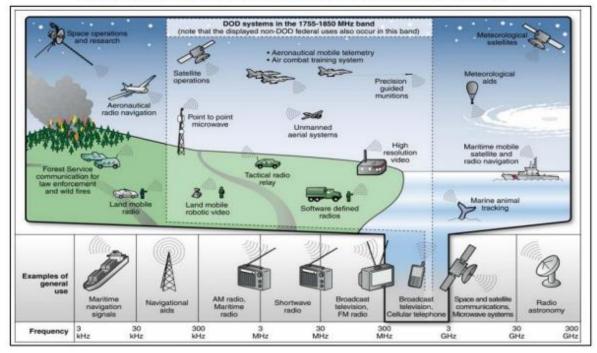
### Overview of Department of Defense Use of the Electromagnetic Spectrum

August 10, 2021

Overview of Department of Defense Use of the Electromagnetic Spectrum

Figure 2. U.S. Department of Defense (DOD) Use of Radio Spectrum

Examples of DOD Systems Operating in the Radio Spectrum (3 kHz-300 GHz)



Source: U.S. Government Accountability Office, Spectrum Management: Federal Relocation Costs and Auction Revenues, 13-472, May 2013, p. 6, https://www.gao.gov/assets/660/654794.pdf.

Note: The figure shows allocated radio spectrum for DOD applications, with multiple uses operating in one band (1755-1850 MHz) and microwave systems in the upper bands (300 MHz-300 GHz).

### What Is the Electromagnetic Spectrum?<sup>2</sup>

The electromagnetic spectrum is the range of wavelengths or frequencies of electromagnetic radiation. It includes radio waves, microwaves, visible light, X-rays, and gamma rays (see Figure 1). Electromagnetic radiation is all around us. It can be produced by natural sources, such as lightning or the sun, or by man-made sources, such as radio transmitters, microwave ovens, lasers, and X-ray machines. Electromagnetic radiation travels through space, air, and sometimes solid materials in the form of waves. These waves are called electromagnetic waves because they have both electric and magnetic properties. Such waves vary in frequency, wavelength, and energy. Scientists classify electromagnetic waves by their wavelength or frequency. Waves with shorter wavelengths (e.g., gamma rays) have higher frequencies and higher energy; waves with longer wavelengths (e.g., radio waves) have lower frequencies and lower energy.

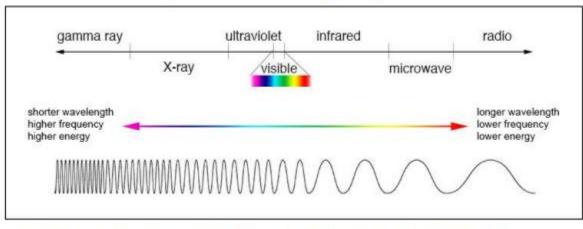


Figure 1. The Electromagnetic Spectrum

**Source:** National Aeronautics and Space Administration, "The Electromagnetic Spectrum," 2020, https://imagine.gsfc.nasa.gov/science/toolbox/emspectruml.html.

"High-powered microwave weapons, a subset of DE weapons, could be used as a nonkinetic means of disabling electronics, communications systems, and improvised explosive devices, or as a nonlethal "heat ray" system for crowd control."

"These applications range from using very low-frequency radio waves to communicate with submarines underwater, to microwaves for datalinks to connect weapons systems (e.g., aircraft, satellites, ground forces, ships). Figure 2 shows various applications in the radio segment of the electromagnetic spectrum.18"

"The FCC developed the 5G FAST Plan, which identified spectrum for 5G use, and streamlined regulations to speed 5G deployment.164 This plan provides insight into FCC actions (e.g., future reallocations, auctions);"

Source/Link: https://sgp.fas.org/crs/natsec/R46564.pdf

### Electromagnetic field interactions with the human body: Observed effects and theories

The effects of nonionizing electromagnetic (EM) field interactions with the human body were reported and human related studies were collected. Nonionizing EM fields are linked to cancer in humans in three different ways: cause, means of detection, and effective treatment. Bad and benign effects are expected from nonionizing EM fields and much more knowledge is necessary to properly categorize and qualify EM field characteristics. It is concluded that knowledge of the boundary between categories, largely dependent on field intensity, is vital to proper future use of EM radiation for any purpose and the protection of the individual from hazard.

Document ID 19810017132

Document Type Contractor Report (CR)

Authors Raines, J. K. (Raines (Jeremy K.) Bethesda, MD, United States)

Date Acquired September 4, 2013

Publication Date April 9, 1981

Subject Category AEROSPACE MEDICINE

Report/Patent Number NASA-CR-166661

Funding Number(s) CONTRACT\_GRANT: NASA ORDER S-75151-B

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ELECTROMAGNETIC FIELD INTERACTIONS WITH THE HUMAN BODY: OBSERVED EFFECTS AND THEORIES

NASA Purchase Order No. S-75151B

APRIL 1981

NF02174

bree, 5

Prepared For GODDARD SPACE FLIGHT CENTER GREENBELT MARYLAND 20771 "the ones associated with the central nervous system are collectively termed "neurasthenia". Some of these are reportedly reversible. That is, when the electro "

RESEARCHER	NUMBER OF SUBJECTS	FREQUENCY OR BAND	FIELD STRENGTH/ POWER DENSITY	EFFECTS
Pazderova	58	48.5-230 MHz	0-22 µw/cm <sup>2</sup>	Increased plasma protein levels
Sadicikova	1180		30-3,000 µW/cm <sup>2</sup>	Fatigue, irritability, sleepiness, memory loss, bradycardia, hypertension, hypotension, cardiac pain, systolic murmur, "microwave sickness"
Kalyada		40-200 MHz	"nonthermal"	Vegetative dysfunction of central nervous system; thermoregulatory pathology; cardiovascular changes; elevation of plasma cholesterol; gastritis; ulcers.
Klimova- Deutschova	530	1-150 MHz 300-800 MHz 3-30 GHz	0.1-3.3 mw/cm <sup>2</sup>	Electroencephalographic disorders; elevation of fasting blood glucose; elevation of serum beta-lipoproteins; elevation of cholesterol.

TABLE 14. EFFECTS CITED IN PAVE PAWS REPORT.

	Frequency of complaint, percentage					
Exposure level	Neurological	Brachycardia	Abnormal cardiac ST waves			
High (over 200 mW/cm²)	32	1.63	11.8			
Low (10-200 mW/cm²)	24	3.93	11.2			
None (control group)	11	0.42	5.6			

TABLE 22. SURVEY OF 1300 CHINESE "MICROWAVE WORKERS" (FROM LERNER, 1980).

	Length of Employment						
	1-6 ye	ars	7-16 y	ears			
	(average	4.3)	(average	9.6)			
Symptoms	(73 pers	ons)	(73 persons)				
	percent	number	percent	number			
	of cases	of cases	of cases	of cases			
Headache	20.5	15	32.9	24			
Disturbance of sleep	13.7	10	23.3	17			
Fatigue	12.3	9	17.8	13			
General weakness	7.0	5	12.3	9			
Disturbance of memory	5.5	4	8.2	6			
Lowering of sexual potency	5.5	4	8.2	6			
Drop in body weight	2.7	2	12.3	9			
Disturbance of equilibration	5.5	4	11.0	8			
Neurological symptoms	0.0	0	15.1	11			
Changes in ECG	17.8	13	28.8	21			

TABLE 20. OCCURRENCE OF SOME SYMPTOMS IN HUMANS EXPOSED OCCUPATIONAL-LY TO ELECTROMAGNETIC RADIATION IN THE FREQUENCY RANGE 750 KHZ-200 MHZ (FROM DWYER, 1978).

	Type of wring	Leukemia		Lymphoma		Nervous system tumors		Other	
Residence	configuration*	Case	Control	Case	Control	Case	Control	Case	Control
Birth address	HCC	52 84	29 107	10 21	5 26	22 35	12 45	17 31	9 39
	(% HCC)	(38.2)	(21.3)	(32.3)	(16.1)	(38.6)	(21.1)	(35.4)	(18.7)
Death address	HCC	63	29	18	11	30	17	18	17
	LCC	92	126	26	33	36	49	45	46
	(*HCC)	(40.6)	(18.7)	(40.9)	(25.0)	(45.5)	(25.8)	(28.6)	(27.0)

<sup>\*</sup> HCC = high-current configuration; LCC = low-current configuration.

TABLE 19. RELATION BETWEEN CHILDHOOD CANCER AND PROXIMITY OF RESIDENCE TO CERTAIN 60-HZ TRANSMISSION LINES (FROM WERTHEIMER & LEEPER, 1979).

### Symptomatology

Bradycardia
Disruption of the endocrine-humoral process
Hypotension
Intensification of the activity of thyroid gland
Exhausting influences on the central nervous system
Decrease in sensitivity to smell
Increase in histamine content of the blood

Subjective Complaints

Increased fatigability Periodic or constant headaches Extreme irritability Sleepiness during work

TABLE 12. CLINICAL MANIFESTATIONS OF CHRONIC OCCUPATIONAL EXPOSURE OF 525 WORKERS TO ELECTROMAGNETIC RADIATION AT MICROWAVE FREQUENCIES (FROM DWYER, 1978).

RESEARCHER	NUMBER OF SUBJECTS	FREQUENCY OR BAND	FIELD STRENGTH/ POWER DENSITY	EFFECTS
Eckert (Germany)	494	60 Hz		Crib death (Sudden Infant Death Syndrome).
Bogucka (Poland)	72	"radio and television"		Functional disorders of central nervous system, hyperacidity, epi- gastric pain, disorders of cardio- vascular system, leukopenia of blood, esinophobia of blood.
Bise (United States)	10	0.1-960 MHz	10 <sup>-16</sup> -10 <sup>-13</sup> W/cm <sup>2</sup>	Changes in electroencephalogram, loss of memory, inability to concentrate, irritability, apprehension.
Dumanskii (USSR)	34	50 Hz	5-12 kV/m	Local changes in skin temperature, reduced heart rate, reduced blood pressure, change in electrocardiogram, change in blood composition.
Katorgina, Semenova, et al	230	2-1000 kHz	3-5 V/m	Eye pain, headache, vascular changes in eye.
Alberti (Italy)	31	5-50 MHz		Decreased male fertility, insomnia, headache.
Holt (Australia)		VHF	Below 10 mW/cm <sup>2</sup>	Cancer growth stimulated.
Lovsund, Obey, Nilsson (Sweden)		10-50 Hz	O-40 milli- Teslas	Excitation of magnetophosphenes.

TABLE 18. EFFECTS CITED BY KLEINSTEIN & DYNER, 1980.

EmF par	ameters	due to EmF to pe	ge of cases with p recentage of cases exposed to EmF)	
range	intensity	reduced blood pressure (ar- teríal hypotonia)	slow heart beat (bradycardia)	QRS interval in ECG increased to 0.1 sec (reduced ventricular con- ductivity)
SHF (centimeter waves)	From one to several mW/cm <sup>2</sup>	1,85	24	11.5
	< 1 mW/cm²	2.0	16	12.5
UHF	Low, not thermal	1.2	8	21
Short-wave HF	Tens to hundreds of V/m	0.21	12	-
Medium-wave HF	Hundreds to 1000 V/m	1.2	5	-
Percentage of	cases in control	14%	3%	2%

TABLE 17. CARDIOVASCULAR DISTURBANCES IN PERSONS CHRONICALLY EXPOSED TO ELECTROMAGNETIC RADIATION AT VARIOUS FREQUENCIES (FROM PRESMAN, 1970).

Test Subject (Investigator)	Electric Field (V/m)	Frequency (Hz)	Biological Parameter Examined		Results	Reviewed by
Substation workers in U.S.S.R. (Asanova and Rakov, 1966)	8-14.5 x 10 <sup>3</sup>	50		(+)	nervous system disorders	Shepard & Eisenbud, NAS
Humans in laboratory (Hauf, R., 1974)	1-20 × 10 <sup>3</sup>	50	blood values, blood pressure pulse, ECG, EEG, reaction time		leukocytes, neutrophila, reticulocytes increase but within normal range other factors	Shepard & Eisenbud, EIS (Bridges & NAS review equivalent 1973 paper)
Human (Johansson, et al., 1973)	20 x 10 <sup>3</sup>	50	psychological tests	(-)		Bridges, Shepard & Eisenbud, EIS
Human (Johansson, et al., 1972)	20 x 10 <sup>3</sup> at head	b	subjective feeling and psycho- lotical functioning		a few subjects showed re- duced ability and tension for pulse test for sine wave test	
Human Linemen (Kouwenhoven, 1966)	Fields encountered in normal line and barehand work	60	physical examination CV, thyroid, kidney, urine, ECG, EEG, visual, auditory, X-ray, emotional stress			Bridges, NAS
Human, lice, yeast, bacteria, wheat germ (Konig, 1962)	1-2	c	human reaction time, growth of other test specimens	. ,	reaction time increased or decreased depending on signal characteristics. Growth chang in other specimens	NAS es
HumansComparison of "Opera- tions" to "Maintenance" per- sonnel U.S.S.R. (Sazanova, 1967)	open switchyard environment	50	temperature, pulse, blood pressure, reaction time, flicker frequency, adductor muscle reaction		average blood pressure of maintenance personnel lower	NAS, EIS
Human, Lineman (Singewald, et al., 1973)	Fields encountered in normal line and barehand work	60	same as Kouwenhoven, 1966; this is a follow-up report	(-)		Shepard & Eisenbud,
HumansComparison of those near and far from 200-400 kV lires (Strumza, 1970)	< 7 x 10 <sup>3</sup>	50	visits to and from physicians, use of medicine, medical historie		no statistically significant difference	Bridges, Sheppard & Eisenbud, EIS

MOTES: (a) 147 x 10<sup>6</sup> modulated by ELF signal. (b) Pulse simulating lightning, 3-14 Hz (c) 2-100. Natural and man-made simulations of geomagnetic signals.

35.

RESEARCHER	NUMBER OF SUBJECTS	FREQUENCY OR BAND	FIELD STRENGTH/ POWER DENSITY	EFFECTS
Gabovich & Zhukovskiy	66	centimeter waves	to 370 μW/cm <sup>2</sup>	Increase in threshold of red, green, and blue light.
Zalyubovskaya & Kiselev	102		to 1 mW/cm <sup>2</sup>	Fatigue, drowsiness, headaches, loss of memory, decrease in hemoglobin, decrease in erythrocytes, hypercoagulation, decrease in leukocytes, increase in lymphocytes, decrease in segmento-nuclear neutrophils, increase in reticulocytes, increase in thrombocytes, drecrease in osmotic and acid resistance of erythrocyes, decrease in bactericidal action of skin and oral cavity, decrease in blood serum lysozyme, decrease in phagocytic activity of neutrophils.

TABLE 15. EFFECTS CITED BY MCCREE AND SHANDALA, 1980.

RESEARCHER	NUMBER OF SUBJECTS	FREQUENCY OR BAND	FIELD STRENGTH/ POWER DENSITY	EFFECTS
Sadchikova (USSR)		"microwaves"	0.03-3 mW/cm <sup>2</sup>	Reversible changes in nervous and cardfovascular systems and blood; "radio sickness".
Baranski & Edelwejn (Poland)		"microwaves"		Decrease in EEG alpha rhythm; decre tolerance of neurotropic drugs.
Lancranjan (Romania)	31	"microwaves"	10-100 mW/cm <sup>2</sup>	Decrease in sex function; decrease spermatogenesis.
Pazderova (Czechoslovakia)				Change in blood protein chemistry.
Slotolnik- Baranska				Chromosome changes in human leukocy

TABLE 16. EFFECTS CITED BY GLASER, IN JOHNSON & SHORE, VOL. 1, 1976.

Headaches Eyestrain Fatigue Dizziness Disturbed sleep at night Sleepiness in daytime Moodiness Irritability Unsociability Hypochondriac reactions Feelings of fear Nervous tension Mental depression Memory impairment Pulling sensation in the scalp and brow Loss of hair Pain in muscles and heart region Breathing difficulties Increased perspiration of extremities Difficulty with sex life

TABLE 11. SUBJECTIVE EFFECTS ON PERSONS WORKING IN RADIO FREQUENCY ELECTROMAGNETIC FIELDS (FROM DWYER, 1978).

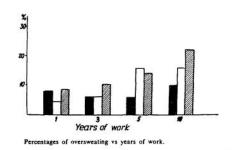
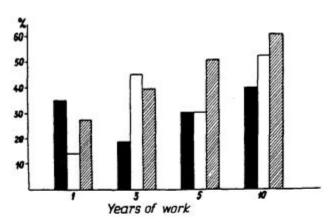


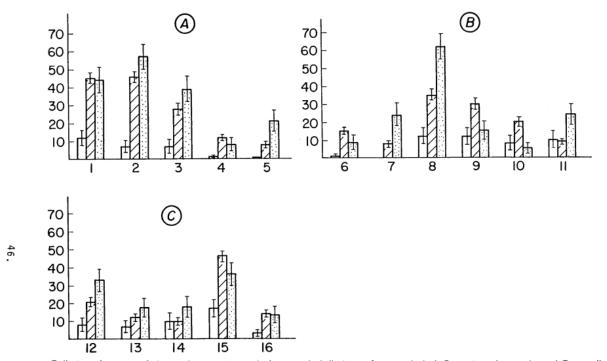
FIG. 16. OCCURRENCE OF EXCESSIVE PERSPIRATION IN "MICROWAVE WORKERS" (FROM BARANSKI & EDELWEJN, IN TYLER, 1975).



Percentages of headaches vs years of work. 

Exploatation; 

repair.



Ordinate - frequency of changes in percentages; abscissa - main indicators: A - neurological, B - autonomic vascular and C - cardiac. White columns - control; oblique shading - persons of the first group, exposed previously to periodic action of microwaves of substantial intensities; dotted shading - persons of the second group working under conditions of exposure to microwaves of lower intensities. All indicators are presented with confidence limits. 1 - feeling of heaviness in the head, 2 - tiredness, 3 - irritability, 4 - sleepiness, 5 - partial loss of memory, 6 - inhibited dermographism, 7 - expressed dermographism, 8 - hyperhidrosis, 9 - bradycardia (upon counting), 10 - arterial hypotension, 11 - arterial hypertension, 12 - cardiac pain, 13 - dullness of the heart sounds, 14 - systolic murmur, 15 - bradycardia (according to ECG), 16 - lowering of deflections T I and T II.

FIG. 14. CHANGES IN THE NERVOUS AND CARDIOVASCULAR SYSTEMS AMONG WORKERS EXPOSED TO MICROWAVES AND CONTROL SUBJECTS (FROM STUCHLY, 1978).

More Studies: https://scholar.google.com/scholar?hl=en&as sdt=0%2C46&q=radio+frequency+damage&btnG=

# Effect of Ultra High Frequency Mobile Phone Radiation on Human Health

Source: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4930268/

### Highlights:

"This paper describes the risk of mutation and sexual trauma and infertility in masculine sexual cell by mobile phone radiations."

"We investigated the risks that result from the waves, according to a report by International Commission on Non Ionizing Radiation Protection (ICNIRP), to every organ of the body is defined by the beam and electromagnetic radiation from this electronic device on people"

"The results of this study and International Commission of Non Ionization Radiation

Protection (ICNIRP) reports showed the people who spend more than 50 minutes a day using

a cell phone could have early dementia or other thermal damage due to the burning of glucose in the brain."

"Many people are not aware of the harmful effects of radiofrequency waves (RF) and their role in cancer and other serious risks. Scientific evidence suggests that cancer is not only linked to mobile phone radiation and that other factors also may be involved in its development. Most mobile operators use from radiofrequency waves in the range up 300 MHz to 3 GHz that can be harmful for human health"

"Mobile phones emit RF waves even when they are in standby mode"

"Electric and magnetic fields can be produced by carrying of electric current at any wiring or equipment, such as overhead or underground power lines, home wiring, medical equipment, and electronic devices"

"Numerous epidemiological studies, the association between public and occupational exposure, particularly exposure to ELF fields and the risk of Cancer, including leukemia, brain tumors and breast cancer has shown"

"RF energy can penetrate into the brain in the area of the bone in place leaves. Hypotension, dizziness, insomnia, headaches, loss of memory, etc. (12). There is also the direct effects of long-term cancer risk."

In general, considering that mental and psychological effects of these fields has been reported in small quantities, In order to control the possible harmful effects RF fields as possible from exposure.

# Exposure to 1800 MHz radiofrequency radiation induces oxidative damage to mitochondrial DNA in primary cultured neurons

Source: https://www.sciencedirect.com/science/article/abs/pii/S0006899309022999

### Highlights:

"Increasing evidence indicates that <u>oxidative stress</u> may be involved in the adverse effects of radiofrequency (RF) radiation on the brain. Because mitochondrial DNA (mtDNA) defects are closely associated with various nervous system diseases and mtDNA is particularly susceptible to oxidative stress, the purpose of this study was to determine whether radiofrequency radiation can cause oxidative damage to mtDNA"

"at a frequency of 1800 MHz modulated by 217 Hz at an average special absorption rate (SAR) of 2 W/kg. At 24 h after exposure, we found that RF radiation induced a significant increase in the levels of 8-hydroxyguanine (8-OHdG), a common biomarker of DNA oxidative

<u>damage</u>, in the mitochondria of neurons." — "transcripts showed an obvious reduction after RF exposure"

Each of these mtDNA disturbances could be reversed by pretreatment with melatonin, which is known to be an efficient antioxidant in the brain. Together, these results suggested that 1800 MHz RF radiation could cause oxidative damage to mtDNA in primary cultured neurons. Oxidative damage to mtDNA may account for the neurotoxicity of RF radiation in the brain.

# Electromagnetic hypersensitivity (EHS, microwave syndrome) – Review of mechanisms

Source: https://www.sciencedirect.com/science/article/abs/pii/S0013935120303388

### Highlights:

"Electromagnetic hypersensitivity (EHS), known in the past as "Microwave syndrome", is a clinical syndrome characterized by the presence of a wide spectrum of non-specific multiple organ symptoms, typically including central nervous system symptoms, that occur following the patient's acute or chronic exposure to electromagnetic fields in the environment or in occupational settings. Numerous studies have shown biological effects at the cellular level of electromagnetic fields (EMF) at magnetic (ELF) and radio-frequency (RF) frequencies in extremely low intensities. Many of the mechanisms described for Multiple Chemical Sensitivity (MCS) apply with modification to EHS. Repeated exposures result in sensitization and consequent enhancement of response. Many hypersensitive patients appear to have impaired detoxification systems that become overloaded by excessive oxidative stress. EMF can induce changes in calcium signaling cascades, significant activation of free radical processes and overproduction of reactive oxygen species (ROS) in living cells…."

rad • i • cal: a group of atoms behaving as a unit in a number of compounds. In chemistry, a free radical is an atom, molecule, or ion

# 4.9 Protection against Oxidative Stress Reactive oxygen species (ROS)

"The consumption and utilization of oxygen in various physiological processes results in the generation of ROS. These ROS are then neutralized by the plant systems and when generation of ROS exceeds the system's ability to neutralize and eliminate them, stress conditions appear and these are defined as oxidative stress conditions (Sies, 1985, 1986; Sies and Cadenas, 1985). This unevenness in production and scavenging of ROS may occur because of lack of antioxidant capacity"

Source: https://www.sciencedirect.com/topics/earth-and-planetary-sciences/reactive-oxygen-species

The haematological system consists of the blood and bone marrow. Blood delivers oxygen and nutrients to all tissues, removes wastes, and transports gases, blood cells, immune cells, antibodies and hormones throughout the body.

The microvasculature consists of three types of small vessels: arterioles, capillaries, and venules. These microvessels form a network that regulates local blood perfusion and conducts blood—tissue exchange

"·····as well as altered neurological and cognitive functions and disruption of the blood-brain barrier. Magnetite crystals absorbed from combustion air pollution could have an important role in brain effects of EMF. Autonomic nervous system effects of EMF could also be expressed as symptoms in the cardiovascular system. Other common effects of EMF include effects on skin, microvasculature, immune and hematologic systems."

"···many organic physiologic responses occur following EMF exposure. Patients can have neurologic, neuro-hormonal and neuro-psychiatric symptoms following exposure to EMF as a consequence of neural damage and over-sensitized neural responses. More relevant

diagnostic tests for EHS should be developed. Exposure limits should be lowered to safeguard against biologic effects of EMF. Spread of local and global wireless networks should be decreased, and safer wired networks should be used instead of wireless, to protect susceptible members of the public. Public places should be made accessible for electrohypersensitive individuals.

"Exposure to EMF has been described in 2008—9 as between 10 and 15 times higher than the earth's natural magnetic field (Röösli, 2008; Nittby et al., 2009). Specifically around the 1 GHz frequency band, exposures have risen by approximally 10<sup>18</sup> times natural levels (Bandara and Carpenter, 2018). In 2010, it was estimated that more than 2 billion people use cell phones worldwide (Soffritti, 2010). The electromagnetic fields that people are potentially exposed to are generated by a variety of."

# Microwave frequency electromagnetic fields (EMFs) produce widespread neuropsychiatric effects including depression

Source: https://www.sciencedirect.com/science/article/pii/S0891061815000599

### Highlights:

"EMFs cause at least 13 neuropsychiatric effects including depression in humans."

"substantial evidence that microwave EMFs from cell/mobile phone base stations, excessive cell/mobile phone usage and from wireless smart meters can each produce similar patterns of neuropsychiatric effects, with several of these studies showing clear dose—response relationships"

"6 additional studies suggests that short wave, radio station, occupational and digital TV antenna exposures may produce similar neuropsychiatric effects. Among the more commonly reported changes are sleep disturbance/insomnia, headache, depression/depressive symptoms, fatigue/tiredness, dysesthesia, concentration/attention dysfunction, memory changes, dizziness, irritability, loss of appetite/body weight, restlessness/anxiety, nausea, skin burning/tingling/dermographism and EEG changes"

# Increased blood—brain barrier permeability in mammalian brain 7 days after exposure to the radiation from a GSM-900 mobile phone

Source: https://www.sciencedirect.com/science/article/abs/pii/S0928468009000133

## Central Sensitization: A Generator of Pain Hypersensitivity by Central Neural Plasticity

Source: https://www.sciencedirect.com/science/article/abs/pii/S1526590009006099

### Highlights:

"Central sensitization is responsible for many of the temporal, spatial, and threshold changes in pain sensibility in acute and chronic clinical pain settings and exemplifies the fundamental contribution of the central nervous system to the generation of pain hypersensitivity."

"major triggers that initiate and maintain central sensitization in healthy individuals in response to <u>nociceptor</u> input and in patients with inflammatory and <u>neuropathic pain</u>, emphasizing the fundamental contribution and multiple mechanisms of <u>synaptic plasticity</u> caused by changes in the density, nature, and properties of ionotropic and <u>metabotropic glutamate receptors</u>."

# Protect yourself now with our products that actually work (See video)

&

### Help fund the disclosure of this information!

# The Covfefe Cap

"The Tech Tamer"

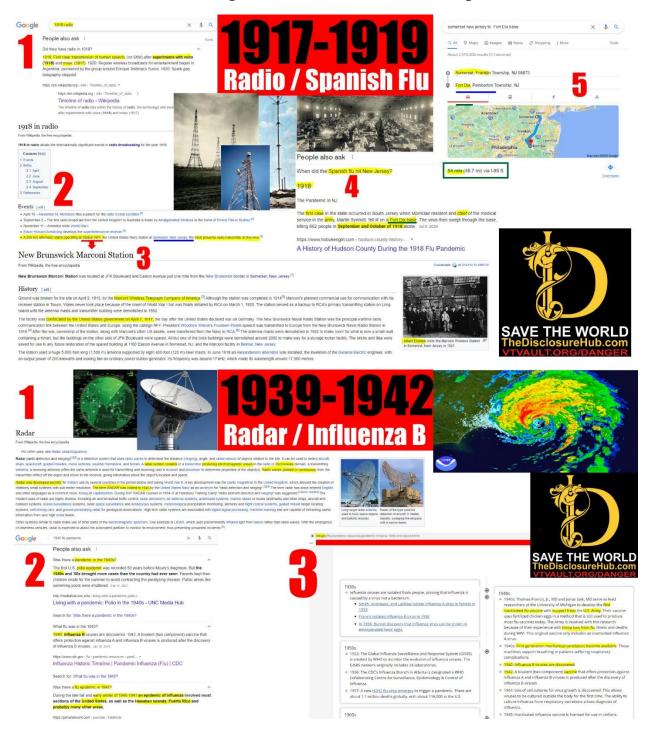
Seriously Blocks Up To 99% of Destructive Waves



www.vtvault.org/quantame

EX: (https://youtu.be/mbEHLTY6kTo)

# **Study These Carefully:**













# **2018-2021** 5G / SARS Cov 2

Common questions

When was COVID-19 first reported in the US?

January 20, 2020 CDC confirms the first U.S. laboratory-confirmed case of COVID-19 in the U.S. from samples taken on January 18 in Washington state.

https://www.cdc.gav | museum | timeline | covid19.

CDC Museum COVID-19 Timeline | David J. Sencer CDC Museum

Search for: When was COVID-19 first reported in the US?

Where did the 2019 coronavirus disease outbreak start? In 2019, a new coronavirus was identified as the cause of a disease outbreak that

he virus is now known as the severe acute respiratory syndrome coronavirus 2 (SARS 20V.2). The disease it causes is called companying disease 2019 (COVID.18)

https://www.mayoclinic.org - coronavirus - syc-20479963

en did COVID-19 start?

experience shartness of breath and fever.

https://www.cdc.gov = museum = timeline = covid19

CDC Museum COVID-19 Timeline | David J. Sencer CDC Museum

https://www.bbc.com > news > business-50256287

Defina rolls out 'one of the world's largest', 5G networks - BBC

China rolls out 'one of the world's largest', 5G networks - BBC

tion 1 2019 — The superfast service is now available to consumers in 50 chinese

ties, including Bejing and Shangaha, with prices for monthly plans ...





Denielle F Cruz » (Starseed-13-Vibration Notatorium Of ....





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Square Dashboard

ne Chinese carriers had initially scheduled the launch for next year, but celerated the rollout.

More people in more places trust BBC News than any other news source.

Register for a BBC account to see why.

The superfast service is now available to consumers in 50 Chinese cities, including Beijing and Shanghai, with prices for monthly plans ranging from 128 yuan (\$18; £14) to 599 yuan, according to state media Xinhua.

More than 130,000 50 base stations will be activated by the end of the support the 5G network, the government said in the statement.

This would make it one of the world's largest SG deployments, it said.

Finally, SG is here - but so what?

What Huawei battle tells us about US and China

China and the US have been fighting for leadership in the technology sector in recent months, with Chinese tech giant Huawei at the centre of their power struggle.

lawer has supplied the largest amount of network equipment for China's 5G lout and has been in talks with various other countries to help with their 5G bunks.

However, the US has blacklisted the company, arguing it poses a national security risk and has lobbied allies to shun Huawei from their 5G networks.

Huawei denies this, and many in China see the US actions as part of its efforts to curb the rise of the world's second largest engages.

## WUHAN CHINA 5G TIMELINE

Wuhan, China - 12/7/2018

Over 100 5G base stations established in Wuhan

Source hubelgoven 12/07/2016 17:27 [Fort Size: bigger medium smaler]



(ntinto source: Hubei Dally

Photo taken on Dec.6, 2018 shows the SG base station at Optics Valley Software Park in Wuhan, capital of central Chrisa's Hubei Province. Currently, the telecom carriers Chrisa Mobile has set up three pilot areas for SG orework in Wilhian, namely. Optics Valley test area, Hankow demonstration area and marshland experience area, with over one hundred SG base stations



PT-1

### Wuhan, China - 5/15/2019

News Hubei gets 1st 5G smart street-lamp

Authorities in central China's Hubei Province have built the first \$6 smart street-lamp in the incial capital Wuhan. Appearing to be a normal street-lamp, the equipment

News Hubei gets 1st 5G smart street-lamp

Authorities in central China's Hubel Province have built the first 5G smart street-lamp in the provincial capital Wuhan. Appearing to be a normal street-lamp, the equipment

Nows 70 projects worth over 130 bln yuan signed at World Health Expo

cooperation agreement on intelligent hospital, so as to build the Jinyinhu Branch of Wuhan Union Hospital into a leading intelligent hospital with SG technology, and jointly develo

Nows 70 projects worth over 130 bln yuan signed at World Health Expo cooperation agreement on intelligent hospital, so as to build the linylinhs Branch of Wuhan Union Hospital into a leading intelligent hospital with SG inchnology, and jointly develo

Economy 70 projects worth over 130 bin yuan signed at World Health Expo

cooperation agreement on intelligent hospital, so as to build the limitribu Branch of Wuhan Union Hospital into a leading intelligent hospital with SC technology, and jointly develo

News Wuhan information service company shows up in MWC 2019

Notes: Wuhan information service company shows up in MWC. 2019

key year of come recised 55 service; the world's famous communication companies, like Humer, Z'
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membrasing 100 (000,000,000,000,000). ACM Martel

### Wuhan, China - 8/1/2019

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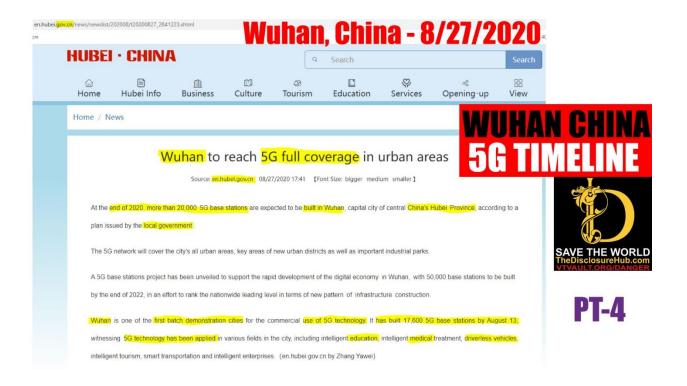
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SAVE THE WORLD





Study: Evidence for a connection between coronavirus disease-19 and exposure to radiofrequency radiation from wireless communications including 5G

Source: https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8580522/

"we investigated a possible environmental factor in the COVID-19 pandemic: ambient radiofrequency (RF) radiation from wireless communication systems including microwaves and millimeter waves"

"SARS-CoV-2, the virus that caused the COVID-19 pandemic, surfaced in Wuhan, China shortly after the implementation of city-wide (fifth generation [5G] of wireless communications radiation [WCR])"

"rapidly spread globally, initially demonstrating a statistical correlation to international communities with recently established 5G networks"

"we present evidence that wireless communications radiation may: (1) cause morphologic

changes in erythrocytes including echinocyte and rouleaux formation that can contribute to hypercoagulation; (2) impair microcirculation and reduce erythrocyte and hemoglobin levels exacerbating hypoxia; (3) amplify immune system dysfunction, including immunosuppression, autoimmunity, and hyperinflammation; (4) increase cellular oxidative stress and the production of free radicals resulting in vascular injury and organ damage; (5) increase intracellular Ca<sup>2+</sup> essential for viral entry, replication, and release, in addition to promoting pro-inflammatory pathways; and (6) worsen heart arrhythmias and cardiac disorders."

## Now Watch This Video (Dr Tom Cowan):

https://rumble.com/v171yur-its-not-virus-its-always-been-toxicity-mostly-rads-ultimate-proof.html

After that video, watch everything on this page (www.vtvault.org/danger).

Its all milestone videos that changed my understanding on all of this.

Next step, Take legal action against any tower or 5G Node (or anything) that is near where you sleep. After you have success using this information, start showing other people how to take action by showing them this PDF. I hope it helps!

- GK

P.S. One more for ya 😉

### Study: 5G Technology and induction of coronavirus in skin cells (Deleted)

Source: https://web.archive.org/web/20200722024413/https://pubmed.ncbi.nlm.nih.gov/32668870/

"we show that 5G millimeter waves could be absorbed by dermatologic cells acting like antennas, transferred to other cells and play the main role in producing Coronaviruses in biological cells."

"waves produce some holes in liquids within the nucleus. To fill these holes, some extra hexagonal and pentagonal bases are produced. These bases could join to each other and form virus-like structures such as Coronavirus. To produce these viruses within a cell, it is necessary that the wavelength of external waves be shorter than the size of the cell. Thus 5G millimeter waves could be good candidates for applying in constructing virus-like structures such as Coronaviruses (COVID-19) within cells.